



Adventure Kit

for "Pip and Bramble"

A quiet invitation to wonder — for little ones and their grown-ups

Pip is sitting on her branch, watching Bramble gather berries for winter. Colour the leaves green, the berries red, and the sky a soft blue. Imagine the warm afternoon light settling around the



A Small Act of Kindness

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- *Think of someone you care about — a friend, a sibling, or a grown-up. What is one small thing you can do for them today?*
 - *It does not have to be big. It can be as simple as sharing a smile, handing them something they need, or just sitting beside them quietly.*
 - *Draw or tell someone about it.*

A Question to Wonder About

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- *When has someone noticed something you needed, without you having to ask?*
 - Let your thoughts wander — there is no wrong answer.

Certificate

Name: _____

Date: _____

I know that kindness is not about doing everything for someone. It is about noticing what they need — and offering what I can.

For Grown-ups

- *This Adventure Kit is about noticing small acts of kindness, not about doing everything for others. It invites children to pay attention to the people around them — and to offer what they can, in their own gentle way.*
- *All activities are designed for safe, familiar environments.*

