

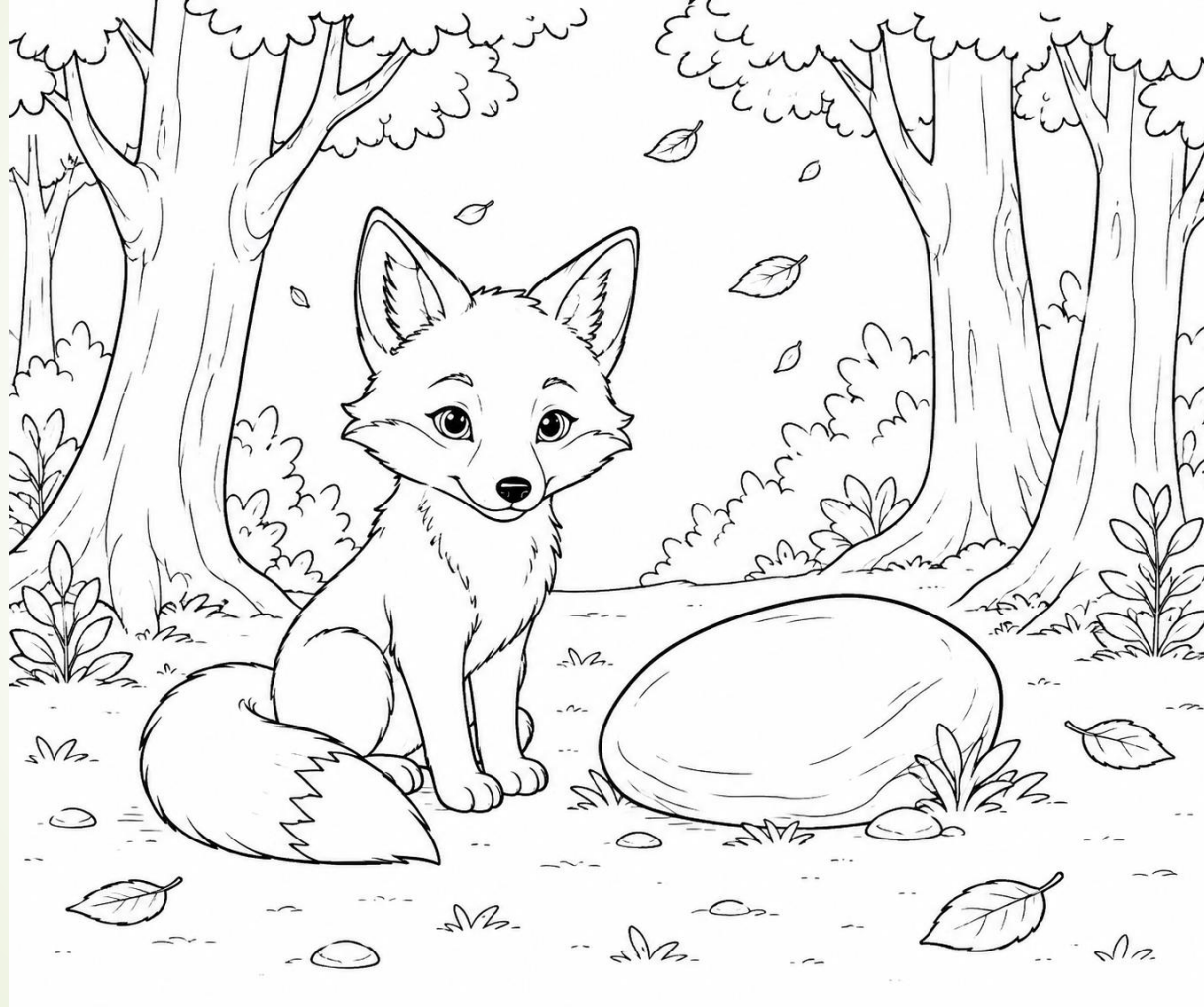


Adventure Kit

for "The Fox Who Listened to the Forest"

A quiet invitation to wonder — for little ones and their grown-ups

Colour the fox, the stone and the forest and imagine what it feels like to listen so deeply that the earth speaks back



Listen to the World

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- *Find a quiet spot outdoors — a garden, a park, or even a window with a view. Sit still for five minutes. Close your eyes. What do you hear? Write or draw what you discover.*

The Language of Trees

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- *The fox heard the earth speak through a stone. What do you think trees would say if they could speak? Write a short message from a tree to the world.*
 - Write or draw your answer below

I know how to listen — and the world is never silent



Name: _____

Date: _____

Listening is not just hearing. It is paying attention with your whole self.

For Grown-ups

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- ▶ *This Adventure Kit is a quiet invitation to notice listening — not as a skill, but as a way of being. You do not need a forest or a stone to do these activities. A garden, a balcony, or even a quiet room with the window open can hold the same wonder. Let the child lead, and let the fox teach us that the world is always speaking — we just need to be still enough to hear it.*